

# Base Menu Spreadsheet

## Portion Values

<b>Menu Name:</b>	Breakfast K-6	<b>Include Cost:</b>	Yes
<b>Site:</b>		<b>Report Style:</b>	Detailed
<b>Use Alternate Menu Name:</b>	No		

### Monday - 05/01/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001526 Warm Brkfst Tky-Hm-Chs Croissant, 2.52 oz	Each	1	180	3.50	460	*N/A*	8.00	20	17.00	1.00	11.00	\$0.830
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001553 Assorted Cereal 1GRAIN	EACH	1	1122	2.11	*1645	*N/A*	13.44	0	241.70	19.51	*20.03	\$24.455
990278 ***AND***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990439 Breakfast Chicken Patty,9011170	patty	1	79	0.98	191	*N/A*	3.93	23	3.93	0.00	6.87	\$0.374
000811 Applesauce Cup - Purchased	Each	1	100	0.00	0	*N/A*	0.00	0	24.00	1.00	0.00	\$0.000
990337 Craisins, Commodity	Each	1	110	0.00	0	*N/A*	0.00	0	28.00	3.00	0.00	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			2030	8.59	*2756	*0	32.37	58	375.63	26.51	*69.90	\$26.225
% of Calories				3.81%		*0%	14.4%		74.0%		*13.8%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

### Tuesday - 05/02/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000754 Breakfast Pizza	Each	1	210	2.00	480	*N/A*	7.00	15	26.00	2.00	9.00	\$0.000
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990594 Muffin WG Orange 1G 4033119	Each	1	97	0.28	74	*N/A*	2.85	11	15.96	0.57	1.14	\$1.539
001559 Apple, Green (Granny)	Each	1	80	0.00	0	*N/A*	0.00	0	22.00	5.00	0.00	\$0.000
990742 ***Commodity Fruit Dried, Canned or Frozen***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
Weighted Daily Average			827	4.28	1014	0	16.85	41	124.96	9.57	42.14	\$2.105
% of Calories				4.66%		0%	18.3%		60.4%		20.4%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

### Wednesday - 05/03/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990794 Breakfast Grilled Egg & Cheese	Sandwich Halves	1	*243	*7.01	*582	*N/A*	*12.78	*200	*14.30	*2.58	*14.98	\$2.416

# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001553 Assorted Cereal 1GRAIN	EACH	1	1122	2.11	*1645	*N/A*	13.44	0	241.70	19.51	*20.03	\$24.455
990278 ***AND***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990705 Corn Muffin Star	Each	1	240	2.00	200	*N/A*	13.00	40	29.00	*N/A*	3.00	\$0.386
990742 ***Commodity Fruit Dried, Canned or Frozen***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000068 Banana	Each	1	105	0.00	1	*N/A*	0.00	0	27.00	3.00	1.00	\$0.167
001513 Apple Crisps, Strawberry	Each	1	40	0.00	0	*N/A*	0.00	0	10.00	2.00	0.00	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			*2190	*13.12	*2888	*0	*46.22	*255	*382.99	*29.09	*71.02	\$27.990
% of Calories				*5.39%		*0%	*19.0%		*70.0%		*13.0%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

Thursday - 05/04/2023

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990474 Waffle Maple WG IW 8914066	Pkg	1	181	1.36	200	*N/A*	4.54	0	31.75	3.63	3.63	\$0.518
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001553 Assorted Cereal 1GRAIN	EACH	1	1122	2.11	*1645	*N/A*	13.44	0	241.70	19.51	*20.03	\$24.455
990278 ***AND***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990439 Breakfast Chicken Patty,9011170	patty	1	79	0.98	191	*N/A*	3.93	23	3.93	0.00	6.87	\$0.374
990244 Orange Smiles	Each	1	61	0.00	0	*N/A*	0.10	0	15.30	3.10	1.20	\$0.000
001513 Apple Crisps, Strawberry	Each	1	40	0.00	0	*N/A*	0.00	0	10.00	2.00	0.00	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			1923	6.45	*2496	*0	29.00	38	363.68	30.24	*63.73	\$25.913
% of Calories				3.02%		*0%	13.6%		75.6%		*13.3%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

Friday - 05/05/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990152 PANCAKE Wrap Turkey Maple WG Foster Farms 9330018	EACH	1	200	2.50	310	*N/A*	10.00	25	17.00	3.00	7.00	\$0.211

# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990271 FRENCH TOAST MINI PILLSBURY9233699	PKG	1	200	1.00	200	*N/A*	7.00	0	37.00	2.00	4.00	\$0.438
990742 ***Commodity Fruit Dried, Canned or Frozen***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000675 Apple Slices, Red IW	Each	1	45	0.00	0	*N/A*	0.00	0	12.00	2.00	0.00	\$40.732
990337 Craisins, Commodity	Each	1	110	0.00	0	*N/A*	0.00	0	28.00	3.00	0.00	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			995	5.50	970	0	24.00	40	155.00	12.00	43.00	\$41.947
% of Calories				4.97%		0%	21.7%		62.3%		17.3%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

Monday - 05/08/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001526 Warm Brkfst Tky-Hm-Chs Croissant, 2.52 oz	Each	1	180	3.50	460	*N/A*	8.00	20	17.00	1.00	11.00	\$0.830
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001553 Assorted Cereal 1GRAIN	EACH	1	1122	2.11	*1645	*N/A*	13.44	0	241.70	19.51	*20.03	\$24.455

# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990278 ***AND***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990439 Breakfast Chicken Patty,9011170	patty	1	79	0.98	191	*N/A*	3.93	23	3.93	0.00	6.87	\$0.374
000811 Applesauce Cup - Purchased	Each	1	100	0.00	0	*N/A*	0.00	0	24.00	1.00	0.00	\$0.000
990337 Craisins, Commodity	Each	1	110	0.00	0	*N/A*	0.00	0	28.00	3.00	0.00	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			2030	8.59	*2756	*0	32.37	58	375.63	26.51	*69.90	\$26.225
% of Calories				3.81%		*0%	14.4%		74.0%		*13.8%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

Tuesday - 05/09/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990474 Waffle Maple WG IW 8914066	Pkg	1	181	1.36	200	*N/A*	4.54	0	31.75	3.63	3.63	\$0.518
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001085 Cinnamon Toast Crunch, 1G	Each	1	110	0.50	160	*N/A*	3.00	0	22.00	3.00	1.00	\$0.000
990278 ***AND***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000

# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990439 Breakfast Chicken Patty,9011170	patty	1	79	0.98	191	*N/A*	3.93	23	3.93	0.00	6.87	\$0.374
000811 Applesauce Cup - Purchased	Each	1	100	0.00	0	*N/A*	0.00	0	24.00	1.00	0.00	\$0.000
990337 Craisins, Commodity	Each	1	110	0.00	0	*N/A*	0.00	0	28.00	3.00	0.00	\$0.000
001606 ***MILK***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			1020	4.84	1011	0	18.46	38	170.68	12.63	43.50	\$1.458
% of Calories				4.27%		0%	16.3%		66.9%		17.1%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

Wednesday - 05/10/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000555 Banana Muffin, 1G	Each	1	140	0.00	160	*N/A*	4.00	15	23.00	0.00	2.00	\$1.058
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990492 Cereal Trix 1G	Each	1	110	0.00	140	*N/A*	1.50	0	24.00	1.00	1.00	\$0.000
990278 ***AND***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000

# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990439 Breakfast Chicken Patty,9011170	patty	1	79	0.98	191	*N/A*	3.93	23	3.93	0.00	6.87	\$0.374
000068 Banana	Each	1	105	0.00	1	*N/A*	0.00	0	27.00	3.00	1.00	\$0.167
001513 Apple Crisps, Strawberry	Each	1	40	0.00	0	*N/A*	0.00	0	10.00	2.00	0.00	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			914	2.98	952	0	16.43	53	148.93	8.00	42.87	\$2.165
% of Calories				2.93%		0%	16.2%		65.2%		18.8%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

Thursday - 05/11/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990126 Hot Ham n Cheese Breakfast												
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001553 Assorted Cereal 1GRAIN	EACH	1	1122	2.11	*1645	*N/A*	13.44	0	241.70	19.51	*20.03	\$24.455
990278 ***AND***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990705 Corn Muffin Star	Each	1	240	2.00	200	*N/A*	13.00	40	29.00	*N/A*	3.00	\$0.386



# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001559 Apple, Green (Granny)	Each	1	80	0.00	0	*N/A*	0.00	0	22.00	5.00	0.00	\$0.000
990337 Craisins, Commodity	Each	1	110	0.00	0	*N/A*	0.00	0	28.00	3.00	0.00	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			1992	6.11	*2305	*0	33.44	55	381.70	*29.51	*55.03	\$32.253
% of Calories				2.76%		*0%	15.1%		76.6%		*11.1%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

### Friday - 05/12/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990213 WG Donut Holes Yeast 2G	1 each	1	242	6.00	260	*N/A*	13.00	0	28.15	2.00	4.00	\$0.518
000675 Apple Slices, Red IW	Each	1	45	0.00	0	*N/A*	0.00	0	12.00	2.00	0.00	\$40.732
990337 Craisins, Commodity	Each	1	110	0.00	0	*N/A*	0.00	0	28.00	3.00	0.00	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000

# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			837	8.00	720	*0	20.00	15	129.15	9.00	36.00	\$41.816
% of Calories				8.60%		*0%	21.5%		61.7%		17.2%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

### Monday - 05/15/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001553 Assorted Cereal 1GRAIN	EACH	1	1122	2.11	*1645	*N/A*	13.44	0	241.70	19.51	*20.03	\$24.455
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001191 Vanilla Yogurt	Each	60	80	0.00	65	*N/A*	0.00	5	16.00	0.00	4.00	\$0.260
990278 ***AND***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990705 Corn Muffin Star	Each	1	240	2.00	200	*N/A*	13.00	40	29.00	*N/A*	3.00	\$0.386
000064 Apple, Red	Each	1	95	0.00	2	*N/A*	0.00	0	25.00	4.00	0.00	\$0.000
990337 Craisins, Commodity	Each	60	110	0.00	0	*N/A*	0.00	0	28.00	3.00	0.00	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	60	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	60	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	2	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000

# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			25777	94.61	*19607	*0	180.94	1240	4838.69	*205.51	*1247.03	\$74.401
% of Calories				3.30%		*0%	6.3%		75.1%		*19.4%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

Tuesday - 05/16/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990126 Hot Ham n Cheese Breakfast												
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990594 Muffin WG Orange 1G 4033119	Each	1	97	0.28	74	*N/A*	2.85	11	15.96	0.57	1.14	\$1.539
001559 Apple, Green (Granny)	Each	1	80	0.00	0	*N/A*	0.00	0	22.00	5.00	0.00	\$0.000
990337 Craisins, Commodity	Each	1	110	0.00	0	*N/A*	0.00	0	28.00	3.00	0.00	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000

# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			727	2.28	534	0	9.85	26	126.96	10.57	33.14	\$8.951
% of Calories				2.82%		0%	12.2%		69.9%		18.2%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

Wednesday - 05/17/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001298 Pancakes, Confetti Mini	Each	1	220	1.00	300	*N/A*	7.00	10	36.00	4.00	4.00	\$0.000
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990161 Bean & Cheese Triangles	SVGS	1	173	2.20	277	*N/A*	3.80	6	24.90	5.50	8.80	\$0.205
000068 Banana	Each	1	105	0.00	1	*N/A*	0.00	0	27.00	3.00	1.00	\$0.167
001513 Apple Crisps, Strawberry	Each	1	40	0.00	0	*N/A*	0.00	0	10.00	2.00	0.00	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000

# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			978	5.20	1038	*0	17.80	31	158.90	16.50	45.80	\$0.938
% of Calories				4.79%		*0%	16.4%		65.0%		18.7%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

Thursday - 05/18/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990152 PANCAKE Wrap Turkey Maple WG Foster Farms 9330018	EACH	1	200	2.50	310	*N/A*	10.00	25	17.00	3.00	7.00	\$0.211
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000555 Banana Muffin, 1G	Each	1	140	0.00	160	*N/A*	4.00	15	23.00	0.00	2.00	\$1.058
990742 ***Commodity Fruit Dried, Canned or Frozen***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001504 Craisins, Original	Each	1	110	0.00	0	*N/A*	0.00	0	28.00	3.00	0.00	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000

# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			890	4.50	930	0	21.00	55	129.00	8.00	41.00	\$1.835
% of Calories				4.55%		0%	21.2%		58.0%		18.4%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

### Friday - 05/19/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001570 Breakfast bagel, IW	Each	1	263	5.00	467	*N/A*	10.00	23	32.00	3.00	13.00	\$0.555
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001553 Assorted Cereal 1GRAIN	EACH	1	1122	2.11	*1645	*N/A*	13.44	0	241.70	19.51	*20.03	\$24.455
990278 ***AND***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990439 Breakfast Chicken Patty,9011170	patty	1	79	0.98	191	*N/A*	3.93	23	3.93	0.00	6.87	\$0.374
001504 Craisins, Original	Each	1	110	0.00	0	*N/A*	0.00	0	28.00	3.00	0.00	\$0.000
000811 Applesauce Cup - Purchased	Each	1	100	0.00	0	*N/A*	0.00	0	24.00	1.00	0.00	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000

# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			2113	10.09	*2763	*0	34.37	61	390.63	28.51	*71.90	\$25.950
% of Calories				4.30%		*0%	14.6%		73.9%		*13.6%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

### Monday - 05/22/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001526 Warm Brkfst Tky-Hm-Chs Croissant, 2.52 oz	Each	1	180	3.50	460	*N/A*	8.00	20	17.00	1.00	11.00	\$0.830
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001553 Assorted Cereal 1GRAIN	EACH	1	1122	2.11	*1645	*N/A*	13.44	0	241.70	19.51	*20.03	\$24.455
990278 ***AND***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990439 Breakfast Chicken Patty,9011170	patty	1	79	0.98	191	*N/A*	3.93	23	3.93	0.00	6.87	\$0.374
000811 Applesauce Cup - Purchased	Each	1	100	0.00	0	*N/A*	0.00	0	24.00	1.00	0.00	\$0.000
990337 Craisins, Commodity	Each	1	110	0.00	0	*N/A*	0.00	0	28.00	3.00	0.00	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000

# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			2030	8.59	*2756	*0	32.37	58	375.63	26.51	*69.90	\$26.225
% of Calories				3.81%		*0%	14.4%		74.0%		*13.8%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

Tuesday - 05/23/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001287 Breakfast on a Bun												
990288 Breakfast Egg and Cheese Bun												
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001553 Assorted Cereal 1GRAIN	EACH	1	1122	2.11	*1645	*N/A*	13.44	0	241.70	19.51	*20.03	\$24.455
990278 ***AND***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990705 Corn Muffin Star	Each	1	240	2.00	200	*N/A*	13.00	40	29.00	*N/A*	3.00	\$0.386
990742 ***Commodity Fruit Dried, Canned or Frozen***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000068 Banana	Each	1	105	0.00	1	*N/A*	0.00	0	27.00	3.00	1.00	\$0.167
001513 Apple Crisps, Strawberry	Each	1	40	0.00	0	*N/A*	0.00	0	10.00	2.00	0.00	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287



# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			1947	6.11	*2306	*0	33.44	55	368.70	*26.51	*56.03	\$29.505
% of Calories				2.82%		*0%	15.5%		75.7%		*11.5%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

### Wednesday - 05/24/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990126 Hot Ham n Cheese Breakfast												
990301 Sandwich Toasted Cheese	Each	1	245	3.75	625	*N/A*	8.00	22	31.00	4.00	17.50	\$0.372
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001553 Assorted Cereal 1GRAIN	EACH	1	1122	2.11	*1645	*N/A*	13.44	0	241.70	19.51	*20.03	\$24.455
990278 ***AND***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990705 Corn Muffin Star	Each	1	240	2.00	200	*N/A*	13.00	40	29.00	*N/A*	3.00	\$0.386
001559 Apple, Green (Granny)	Each	1	80	0.00	0	*N/A*	0.00	0	22.00	5.00	0.00	\$0.000
990337 Craisins, Commodity	Each	1	110	0.00	0	*N/A*	0.00	0	28.00	3.00	0.00	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287

# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			2237	9.86	*2930	*0	41.44	78	412.70	*33.51	*72.53	\$32.625
% of Calories				3.97%		*0%	16.7%		73.8%		*13.0%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

### Thursday - 05/25/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000754 Breakfast Pizza	Each	1	210	2.00	480	*N/A*	7.00	15	26.00	2.00	9.00	\$0.000
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990594 Muffin WG Orange 1G 4033119	Each	1	97	0.28	74	*N/A*	2.85	11	15.96	0.57	1.14	\$1.539
001559 Apple, Green (Granny)	Each	1	80	0.00	0	*N/A*	0.00	0	22.00	5.00	0.00	\$0.000
990742 ***Commodity Fruit Dried, Canned or Frozen***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000

# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
Weighted Daily Average			827	4.28	1014	0	16.85	41	124.96	9.57	42.14	\$2.105
% of Calories				4.66%		0%	18.3%		60.4%		20.4%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

### Friday - 05/26/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990213 WG Donut Holes Yeast 2G	1 each	1	242	6.00	260	*N/A*	13.00	0	28.15	2.00	4.00	\$0.518
000675 Apple Slices, Red IW	Each	1	45	0.00	0	*N/A*	0.00	0	12.00	2.00	0.00	\$40.732
990337 Craisins, Commodity	Each	1	110	0.00	0	*N/A*	0.00	0	28.00	3.00	0.00	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			837	8.00	720	*0	20.00	15	129.15	9.00	36.00	\$41.816
% of Calories				8.60%		*0%	21.5%		61.7%		17.2%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

### Monday - 05/29/2023

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001427 ***STUDENT HOLIDAY***												
Weighted Daily Average			0	0.00	0	0	0.00	0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%		0%		0%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

Tuesday - 05/30/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001553 Assorted Cereal 1GRAIN	EACH	1	1122	2.11	*1645	*N/A*	13.44	0	241.70	19.51	*20.03	\$24.455
990278 ***AND***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990705 Corn Muffin Star	Each	1	240	2.00	200	*N/A*	13.00	40	29.00	*N/A*	3.00	\$0.386
001559 Apple, Green (Granny)	Each	60	80	0.00	0	*N/A*	0.00	0	22.00	5.00	0.00	\$0.000
990337 Craisins, Commodity	Each	60	110	0.00	0	*N/A*	0.00	0	28.00	3.00	0.00	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	60	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	60	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	2	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000

# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			25682	94.61	*15705	*0	180.94	940	5173.71	*501.51	*1007.03	\$58.801
% of Calories				3.32%		*0%	6.3%		80.6%		*15.7%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

### Wednesday - 05/31/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990152 PANCAKE Wrap Turkey Maple WG Foster Farms 9330018	EACH	1	200	2.50	310	*N/A*	10.00	25	17.00	3.00	7.00	\$0.211
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990271 FRENCH TOAST MINI PILLSBURY9233699	PKG	1	200	1.00	200	*N/A*	7.00	0	37.00	2.00	4.00	\$0.438
990742 ***Commodity Fruit Dried, Canned or Frozen***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000675 Apple Slices, Red IW	Each	1	45	0.00	0	*N/A*	0.00	0	12.00	2.00	0.00	\$40.732
990337 Craisins, Commodity	Each	1	110	0.00	0	*N/A*	0.00	0	28.00	3.00	0.00	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000

# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			995	5.50	970	0	24.00	40	155.00	12.00	43.00	\$41.947
% of Calories				4.97%		0%	21.7%		62.3%		17.3%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

Thursday - 06/01/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000555 Banana Muffin, 1G	Each	1	140	0.00	160	*N/A*	4.00	15	23.00	0.00	2.00	\$1.058
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990492 Cereal Trix 1G	Each	1	110	0.00	140	*N/A*	1.50	0	24.00	1.00	1.00	\$0.000
990278 ***AND***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990439 Breakfast Chicken Patty,9011170	patty	1	79	0.98	191	*N/A*	3.93	23	3.93	0.00	6.87	\$0.374
000068 Banana	Each	1	105	0.00	1	*N/A*	0.00	0	27.00	3.00	1.00	\$0.167
001513 Apple Crisps, Strawberry	Each	1	40	0.00	0	*N/A*	0.00	0	10.00	2.00	0.00	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000

# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			914	2.98	952	0	16.43	53	148.93	8.00	42.87	\$2.165
% of Calories				2.93%		0%	16.2%		65.2%		18.8%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

### Friday - 06/02/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001298 Pancakes, Confetti Mini	Each	1	220	1.00	300	*N/A*	7.00	10	36.00	4.00	4.00	\$0.000
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990161 Bean & Cheese Triangles	SVGS	1	173	2.20	277	*N/A*	3.80	6	24.90	5.50	8.80	\$0.205
000068 Banana	Each	1	105	0.00	1	*N/A*	0.00	0	27.00	3.00	1.00	\$0.167
001513 Apple Crisps, Strawberry	Each	1	40	0.00	0	*N/A*	0.00	0	10.00	2.00	0.00	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000

# Base Menu Spreadsheet

## Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
Weighted Daily Average			978	5.20	1038	*0	17.80	31	158.90	16.50	45.80	\$0.938
% of Calories				4.79%		*0%	16.4%		65.0%		18.7%	
Weekly Nutrient Guideline			350 - 500	<10	540		<=0					

	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
Weighted Averages	*3404	*13.76	*2964	*0	*38.18	*141	*637.51	*46.05	*141.30	\$24.012
% of Calories		*3.64%		*0%	*10.1%		*74.9%		*16.6%	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.